From my Youth

Duration: 1:30
Intonation: #9
Allegro \( \frac{\text{twice}}{150} \)

From my youth do many passions war against me;

but do Thou Thyself defend and save me, O my Saviour.

Ye haters of Sion shall be shamed by the Lord; for, like grass, by the fire shall ye be withered.

\( \text{Ek neostitós mou} \)
Glo - ry to the Fa - ther, and to the Son, and to the
Ho - ly Spir - it.
In the Ho - ly Spir - it ev - ery soul is quick - en - ed
and through cleans - ing is ex - alt - ed and made ra - di - ant
by the Tri - ple U - ni - ty, in a hid - den, sa - cred
man - ner.
Both now and ev - er, and un - to the ag - es of
By the Holy Spirit, the streams of grace gush forth,
watering all creation unto the begetting of life.

(The first choir immediately chants the prokeimenon of the feast day.)